

## **Info/Support Groups:**

- Informal sharing of information and workshops
- Refreshments are served
- All welcome

## **Bond:**

3rd Tuesday of every month

9:30-11am

Family Room - 53 Bond Street

January 21, 2020

February 18, 2020

March 17, 2020

## **Palermo:**

1st Wednesday of every month

3-4:30pm Church Sanctuary

January 8, 2020

February 5, 2020

March 4, 2020

## **Coptic:**

3rd Thursday of the month

3-4:30pm (main room)

January 16, 2020

February 20, 2020

March 19, 2020

## **Please Note!:**

There will be more workshops education opportunities including Regional Learning Centre. Please ask any staff for more information. Your loved one can come to S.E.N.A.C.A. while you are at the workshop.



**Wednesday April 1, 2020**

**S.E.N.A.C.A & Acclaim Health  
are Merging**

## **S.E.N.A.C.A WILL BE CLOSED:**

Monday February 17, 2020

Family day



A new year is like a blank book, and the pen is in your hands. It is your chance to write a beautiful story for yourself. Wish You Happy & Healthy New Year 2020

## **Hope You Enjoyed The Holiday Season with your Family**

### **Foot Care Clinic**

Calacare Home Care Services will be our **New** company providing this service. Please contact:

**Bond St.** Contact Jacinth At 905-337-8937

**Palermo** Contact Sheryl At 905-847-3394

**Coptic** Contact Nadia At 905-812-8222

