

January, February, March 2019

Welcome 2019!

Info/Support Groups:

- Informal sharing of information and workshops
- Refreshments are served
- All welcome

Bond:

3rd Tuesday of every month
9:30-11am
Family Room - 53 Bond Street
Jan. 15, Feb. 19, March 19 2019

Palermo:

1st Wednesday of every month
3-4:30pm
Jan. 2, Feb 6, March 6, 2019

Coptic:

3rd Thursday of the month
3-4:30
Jan 17 Feb 21, March 21, 2018

"Learn from yesterday-Live for today-Hope for tomorrow"

CLOSE

S.E.N.A.C.A WILL BE CLOSED:

Tuesday Jan 1 2019-New Years Day
Monday February 18th, 2018
Family day



Thank You



for your Kindness

A big thank you to everyone who contributed and helped out during our United Way campaign! We had our best one yet raising a total of **\$5532.35!**

"A word of encouragement can lighten a heavy load."

Foot Care Clinic

Bond St. Contact Jacinth
At 905-337-8937

Palermo Contact Elizabeth
At 905-847-3394

Dates: Wednesday January 23 and
Wednesday March 27, 2019

Coptic Contact Nadia
At 905-812-8222

Hope you all have a fantastic 2019!
"Caring Like Family"
The S.E.N.A.C.A. Team