

## Info/Support Groups:

- Informal sharing of information and workshops
- Refreshments are served
- All welcome

## Bond:

- Tuesday July 17<sup>th</sup> (9:30-11am)
- Tuesday August 21<sup>st</sup> (9:30-11am)
- Tuesday September 18<sup>th</sup> (9:30-11am)

## Palermo:

- Wednesday July 4<sup>th</sup> (3-4:30pm)
- Wednesday August 1<sup>st</sup> (3-4:30pm)
- Wednesday September 5<sup>th</sup> (3-4:30pm)

## Coptic:

- Thursday July 19<sup>th</sup> (3-4:30pm)
- Thursday August 16<sup>th</sup> (3-4:30pm)
- Thursday September 20<sup>th</sup> (3-4:30pm)



**Happy S.E.N.A.C.A 39<sup>th</sup>  
Anniversary,  
September 2018**

## Foot Care Clinic

**Bond St.** August 8<sup>th</sup>  
Contact Jacinth  
At 905-337-8937

**Palermo** Contact Elizabeth  
At 905-847-3394

**Coptic** Contact Nadia  
At 905-812-8222



*We will be*  
**CLOSED**

- Monday July 2<sup>nd</sup> 2018 – Canada Day
- Monday August 6<sup>th</sup> 2018 – Civic Day
- Monday September 3<sup>rd</sup> 2018 – Labour Day



## Advance Notice:

Consumer client/ caregiver survey will be coming in fall

Along with other adult day programs we are planning a Caregiver Day in October which will include networking, food, education and support.

**Alzheimer Society**  
HAMILTON AND HALTON

Halton Hamilton Alzheimer's would like to offer courses for our caregivers at our Palermo location. It is for "Carers" and there are 2 courses:

- 4 week course
- 10 week course

They will be held weekly - More information will follow as it becomes available

*"Learn from yesterday; live for today; hope for tomorrow"*