

"Hope is better than fear. Optimism is better than despair. So let us be loving, hopeful and optimistic. And we'll change the world," Jack Layton (1950-2011)



Info Support Groups

All are welcome!

Refreshments are provided while an informal discussion is held and some information sharing.

Bond Location

Evening:

3rd Monday evening of the month at 7:30-9:00 p.m. If interested, please contact Wendy, as we are evaluating this group (905-337-8937). Location in the Main room: October 20, November 17, December 15

Morning:

3rd Tuesday morning of the month at 9:30-11:00 a.m. in the Family room: October 21, November 18, December 16

Palermo Location

1st Wednesday of the month at 3:00-4:30 p.m. in the Palermo United Church downstairs room: October 1, November 5, December 5

Coptic

Last Thursday of the month 3:00-4:30 p.m. in the main room: October 30, November 27, December 18



WE NOW HAVE A HAIRDRESSER AVAILABLE AT OUR BOND STREET LOCATION IF THERE IS A DEMAND; PLEASE CONTACT STAFF AT 905-337-8937

FOOT CARE: Wednesday, Oct. 22 and Wednesday, Dec. 17

PARTY TIME!

**FRIDAY,
OCTOBER 31!**

Happy Halloween



Christmas Party Dates:

Palermo: December 10

Coptic: December 23

Bond: December 4



Monday, October 13, for Thanksgiving Day

Thursday, December 25, for Christmas Day

Friday, December 26, for Boxing Day

Thursday, January 1, 2015 for New Year's Day

PLEASE NOTE: We will be closing at 2 p.m. on Dec. 24 (Christmas Eve) and 2 p.m. on Dec. 31 (New Year's Eve)