



VOLUME 11, No. 13

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*“Cheerfulness is a kind of daylight in the mind.”*

*Joseph Addison, Poet (1672-1719)*



## What a fun line-up!

Line-dancers made their annual December visit to SENACA Bond Street for a festive sing-along.

The staff and clients look forward to this special feature with great cheer!

## A Letter from a Volunteer

*Hello! My name is Aileen. In the fall of 2009, I began volunteering on Mondays at SENACA Bond Street. Warmly welcomed by both staff and clients, I felt at home right away.*

*We have fun on Monday afternoons. We laugh a lot as we explore all kinds of different activities. We have read poetry, made Easter bonnets, and had a kilt fashion show to celebrate Robbie Burns Day. We've made pressed leaf pictures, struggled to create Christmas tree balls from Christmas cards, enjoyed a handbell concert, and much more.*

*I thoroughly enjoy my afternoons at SENACA. Clients are inspiring as they share stories from times past, then happily take part in new experiences, often in spite of adversity. It is a pleasure to see the endless skill and caring of the staff as they go about their work.*

*What a privilege it is to be a part of this remarkable place!*

*Aileen Coates*

## Words from Wendy

HAPPY NEW YEAR – 2012

We sincerely hope each and every one of you had a happy Holiday Season and we wish you the very best of health and happiness in 2012. We certainly enjoyed our SENACA Family Christmas Party at Bond. It was nice to see everyone.

We are very busy preparing for our Accreditation Review on Feb 15, 16 and 17. There are two surveyors coming from CARF International interviewing different individuals from all our stakeholder and reviewing records and policies. It will be our first time being accredited, so we are eagerly anticipating this event.

Thank you to all who filled in our questionnaire for outcome measurement. It is very important for both our LHIN funding and United Way of Oakville. We are also

learning how to do RAI CHA reassessments and IAR privacy and security training. Just a reminder – please keep us posted regarding phone and address changes etc. Once again, many, many thanks for being part of SENACA. Have a wonderful winter,

“Caring Like Family”

Wendy McBride

Executive Director



## Volunteer Corner

FROM THE MANAGER OF VOLUNTEERS

**WOW!** What a great turn out at our annual Christmas Party at the Bond Street. Everyone in attendance, staff, clients, and volunteers, had a great time! Everyone was in full cheer especially our special guest, Santa himself! Thanks to Don for bringing Santa to us again this year and the Harp Tones at Christmas Party at the SENACA.



Thanks to the Suncor's volunteers: Mike Hudon, Andrew Walker, Scott Taylor, David Lampron and Mark Watts who helped us to decorate for Christmas at Bond Street. The rooms have been decorated beautifully. They also painted our office doors and re-painted the floor shuffleboard lines. Thanks to all of you.

We also would like to thank another group of Suncor's volunteers: LeeAnne Nymeyer, Julie Jarvie, Cory Norris, Sunny Wang, Rosemary Horwood, Carmine Cerrone, Mike Semczuk, Jordan Collins and Manav Kapoor for painting our office and hallway.

Thanks to Grant Foster and Friends from Sir John Colborne Seniors Recreation Centre Singers Group and Appleby College Students for their beautiful Christmas performance.

***“Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain love for one another.” (Erma Bombeck)***

### Volunteer Opportunities

We are looking for new volunteers to enhance our programs at Bond Street and Palermo in Oakville, and SENACA Coptic Center in Mississauga. If you know anyone who would like to volunteer for us please give us a call at 905 337 8937.

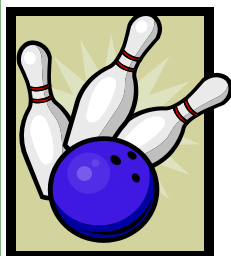
Hanna Gulcz

## News from SENACA Palermo

Greetings from Palermo. We have had a great fall season and hope everyone had a happy holiday!

This school year, we welcome Sarah, a Social Work student from Ryerson University, and Malti, a Social Work – Gerontology student from Sheridan College. Both students will be with us until April and make a wonderful addition to our team. They assist in the program, organizing the craft group and introducing new program ideas.

Over the past few months we have reseeded



the competition with our Bond Street location for the coveted trophy. Bowling is the first event and we look forward to the upcoming challenge.

Highlights from the past few months were a presentation on meditation.

The local childcare centre Little Lords and Ladies came to visit and sang Christmas carols. Everyone enjoyed the afternoon very much.

Grant Foster and his musical group visited several times and everyone enjoyed the visits and sing-along.

Thank you so much to all our students and volunteers who continue to show their enthusiasm and enrich our program.



Santa and two of his fans, Lorna and Sheryl.

## INFO/SUPPORT GROUPS

**Informal discussions and information sharing**

**All welcome**

**Refreshments served**

**Monday evenings – 53 Bond – Main Location**

7:30 – 9 p.m. January 16, February 20, March 19

**Tuesday Mornings – 53 Bond, Family Room – Main Floor**

9:30 – 11 a.m. January 17, February 21, March 20

## **SENACA COPTIC UPDATE**

One year ago we were born at Coptic location. As a little baby required a lot of attention and care so we did. We were growing slowly and were waiting anxiously for calls and visits to our location.



Right now we are one year old and we are walking by ourselves with a little direction and supervision. We are very happy to celebrate first anniversary together with our happy, joyful and creative family members.

Our family is growing every day and we have 17 clients. We are looking forward to that day when we are going to have 20 clients every day.

We had a very fruitful autumn and many clients joined our program. We celebrated Thanksgiving Day and everyone took home pumpkin decorations that they had made themselves for a special holiday weekend.

We are also very happy about our new staff member, Marie, who joined our program recently. She is a very energetic and happy person and our clients love her very much.

We are looking forward and very excited about sharing the Christmas celebration with the church seniors and members on December 20. We hope it will unite our family and more people will learn about our program.

### BULLETIN BOARD



"I wish we could put some of the Christmas spirit in jars and open a jar of it every month."

-Harlan Miller

Chicken Soup for the Soul

Christmas Collections - Jack Canfield, Mark Victor Hansen

Health Communications Inc. - Dearfield Beach, Florida



Two Christmas Cuties get snugly: Santa Don shares a moment with Bond Street's Jacinth at the December holiday festivities.

#### Upcoming Celebrations

January: Robbie Burns Day,  
Chinese New Year



February:  
Valentine's Day



March: St. Patrick's Day



#### HAVE A GREAT WINTER, from the staff

Anne, Elizabeth, Eveline, Hina Hanna, Jacinth, Lisa, Mary Ellen, Marie, Martin, Manju, Norma, Samia, Sheryl, Susan, Vanessa Nadia, Kira, Wael, and Wendy.

#### QUICK NOTES

**From the SENACA Program Staff:** We want to extend our best wishes to all our clients who are having their birthdays this quarter. **HAPPY BIRTHDAY!!!!**

**We also want to welcome Marlee, our Social Service Worker- Gerontology student from Sheridan College. She is now considered a big part of all of us.**

**AESTHETICIAN/HAIRDRESSER** available: arrangements are made privately with Sherry, the hairdresser, and Gillian, the aesthetician. Please call the office for more details.

**THANK YOU** to Starbucks for daily baking and Black Forest for our tremendous Friday goodies. Thank you to MediChair Comfort Keepers Comfort Care Churchill Place for contributing goodies to our Christmas events. Thank you also to Santa Don and the Harptones for providing our music.

**ALL SENACA LOCATIONS** will be closed for Family Day, (Monday, February 20). The Info/Support meeting will go ahead as scheduled.

#### 2012 FOOTCARE DATES

- February 1
- March 28
- May 16
- July 11
- September 5
- October 31
- December 19



Footcare available at all three locations (St. Joseph's Home Health at Bond and Palermo, Spectrum at Coptic).